Understanding users: a behaviourallydriven approach to LCA and Eco-design

A behavioral scientist working with LCA practitioners

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Identifying some key gaps in LCA

Relative low priority of the use phase

But: High relevance for certain product/services

- Household appliances
- Food waste¹
- Mobility²



LCA studies often rely on aggregated, secondary, average data or straightforward assumption on user behaviour

But: Different behaviours may lead to different intensities of impacts

- type of behaviours
- frequency of behaviours
- share of population expressing those behaviours

Relative impact due to the use phase may be incorrectly estimated

A better modeling of the use phase is needed

What are the potentials of a BS perspective for LCA?

 support the use phase modeling, by providing insights on how to observe, measure, and predict behaviors³.

Q:What are the potentials of LCA perspective for BS practitioners involved in sustainability research?



Towards better assumptions in LCA use phase : assessing behavioural variability



Towards better assumptions in LCA use phase : modelling behavioural variability



BS insights on: Cognitive/social determinants of sustainable behaviour Rebound and Spillover effects

THE COGNITIVE BIAS CODEX



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The social context



Social drivers of sustainable behaviour

Sustainable Behaviour is sometimes driven by how we want others to see us (social status, reputation)





Top reasons customers cited for buying a Prius		
	2Q'07	1Q'04
"Makes a statement about me"	57	34%
Other (including incentives, business, etc.)	42	42
Higher fuel economy	36	27
Distinctive styling	33	41
Lower emissions	25	36
New technology	7	19
Source: CNW Mark	eting Res	search

Consumer choice: based on functionality, but also as signal to express membership and sustainable attitudes⁴

Social drivers of sustainable behaviour: the case of social norms

People beliefs and actions are heavily influenced by what they perceive their peers think or do^{5, 6}

Misalignment bw perception and others true beliefs may account for the persistence of unsustainable behaviour⁷

Why relevant for LCA/eco-design?

Norm-based interventions can increase the uptake of sustainable solutions (e.g., social feedback⁸, trending norms⁹, belief realignments⁷)

Many more people than you think are using product x

Every day, more people are adopting product x

informing eco-design



model usage scenario



Social drivers of sustainable behaviour: the case of social norms

Segmentation of users based on propensity to follow social norms?

«empirical type» 11,6% behave according to what they expect others <u>will do</u>

«normative type» 14,1% behave accordind to what they expect others <u>want them to do</u>



«social norms followers» 10,9% empirical+ normative

"threshold-driven participants" 26,5% strategically selfish

«unconditional type» 37% resilient to changes

Norm Footprint

Based on Szekely, A. et al. 2021, Nat Comm¹¹



Modelling variability in behaviour and norm sensitivity can optimize the potential for behaviour change (impact reduction of use phase)

Modelling behavioural variability: the case of ABM in LCA

A product or a service may cause changes in user behaviour (e.g., rebound effects) which need to be included in the environmental assessment.

Increasing need to model complex production and consumption patterns (e.g., sharing economy)

ABM: artificial agents interacting with each other and their environment over time \rightarrow emergent dynamics in complex systems (bottom-up)^{13, 14}

Individual decison rules:

- Sophisticated cognitive agents (cognitive biases)
- Social determinants of behaviour (social norms, peer pressure) Homogeneity is not assumed!

Suitable framework to study complex systems in LCA and sustainability studies ¹⁵

Application of ABM in LCA: smart homes vs default homes (Walzberg et al 2019)

empirically validated theories+empirically based data



ig. 3. ABM's decision rules for household agents following energy feedback.

Table 2Factor levels in a 2_{IV}^{7-2} fractional factorial design for smart homes use.

Factor	Low level	High level
Contextual factors		
Price scheme	Constant	TOU
Geography	Toronto	Thunder Bay
Load scheduling metric	CAD	DALY
Personal capabilities factor		
PV battery system	No	Yes
Attitudinal factors		
Probability of engagement	0.2	0.3
Probability to conform	0.275	0.375
Distribution of agent types	Majority of passive	Majority of stalwart
	consumers	consumers

What-if scenario by changing relevant parameters

e.g., the effect of conformity on the probability of adopting proenvironmental changes over time

Current challenges and opportunities

Difference in perspective impact-based vs intent-based¹⁷: are they reconcilable?

Spillover effects: high level of complexity, not easy to model

Moving beyond environmental LCA: BS and Social-LCA?

Increase opportunities for knowledge sharing between LCA experts, eco-designers and behavioural scientists (workshops, round tables)

THANKS!

Useful references

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