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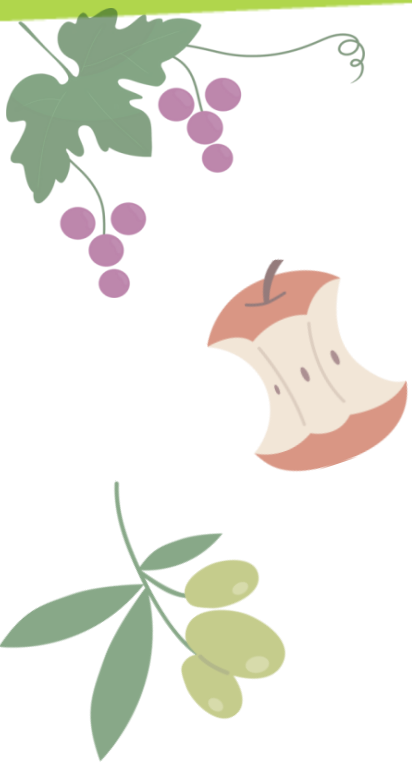







Food waste to reduce food waste

LCA Insights from the AgriBioPack *project*

DF 94 – Turning Waste into Value: Life Cycle Assessment of Side Stream Valorisation and Food Waste Reduction

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What is AgriBioPack?

Valorizing Agrifood Residues for Bio-based Packaging Solutions.
Project duration: 36 months (5/25-5/27) + request for 1 year extension

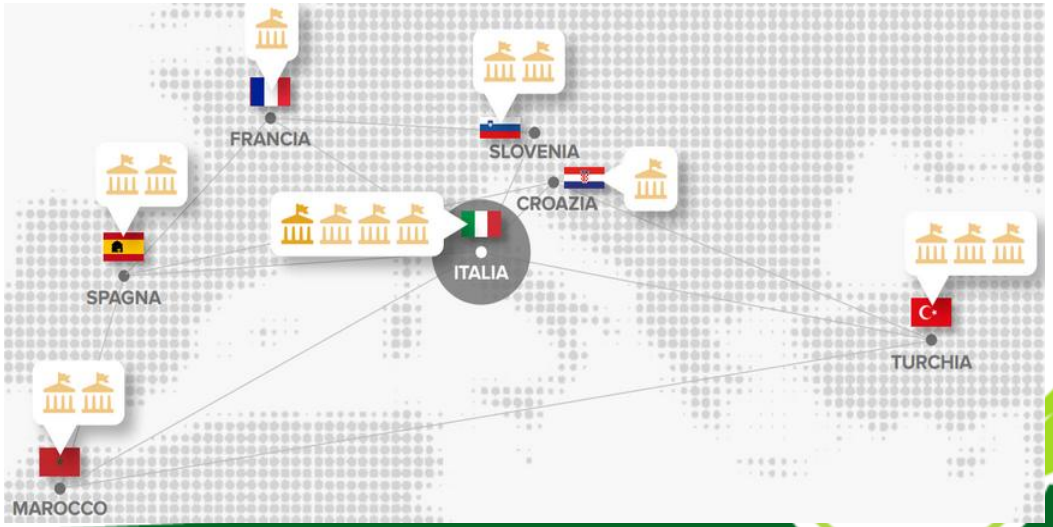
PRIMA
PARTNERSHIP FOR RESEARCH AND INNOVATION IN THE MEDITERRANEAN AREA

European Commission

PRIMA is a funding programme linking research and innovation between EU countries and **Mediterranean partners** on sustainable water, agriculture, and **food**.

AgriBioPack has partners in:

- **Italy** (University of Salerno, University of Perugia, Sant'Anna School of Advanced Studies, X-Team)
- **Turkey** (Istanbul Technical University, Ege University, Yeditepe University)
- **Morocco** (National School of Agriculture, Université Mohammed V)
- **Spain** (Lleida University, University of Granada)
- **Croatia** (University of Split)
- **France** (University of Technology of Compiègne)



What is AgriBioPack?

AgriBioPack develops **bio-based active packaging** solutions that can modulate the microbiome in **Mediterranean food products**, contributing to improving their marketability by **extending their shelf life** and **reducing food waste**. The bio-based packaging solutions will be derived from **agrifood residues**, both for the **structural and functional components**.

"Active packaging is defined as packaging that modifies the condition of the packed food, so as to extend its shelf life and improve its safety (Ahvenainen, 2003)."

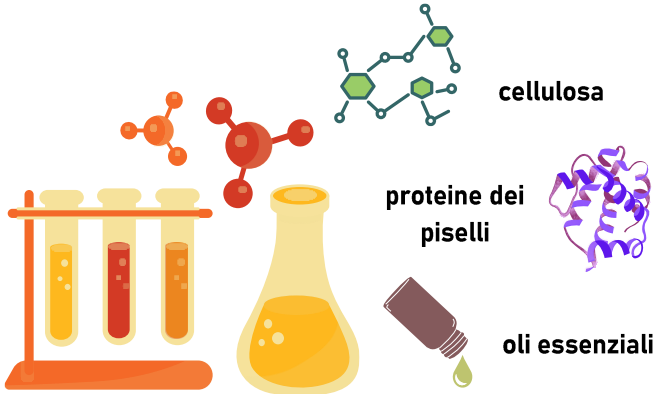
What is AgriBioPack?

AgriBioPack develops **bio-based active packaging** solutions that can modulate the microbiome in **Mediterranean food products**, contributing to improving their marketability by **extending their shelf life** and **reducing food waste**. The bio-based packaging solutions will be derived from **agrifood residues**, both for the **structural and functional components**.



Agrifood residues

Olive waste, grape pomace, apple pomace, onion peels, pomegranate juice residues, and pea waste



Mild extraction techniques

Hydrodynamic Cavitation, Ultrasounds, and Microwaves to extract biopolymers, functional compounds (antimicrobial and antioxidant). Microbiome from residues through fermentation processes



Active packaging

Formulation of bio-based and biodegradable packaging (starting from PLA and pea proteins), using recovered extracts with reinforcing or antimicrobial properties

What about LCA?

From an LCA modeling perspective, the AgriBioPack project offers some interesting aspects..

Modelling extraction processes from food waste streams

Extraction pathways developed at lab scale

Allocation choices for agri-food residues (waste vs by-product vs co-product)



Bio-derived and biodegradable formulation

Lab-scale production of PLA-based solutions

Do additives influence biodegradability and end-of-life?



Quantification of shelf-life extension

How can shelf life be integrated into the LCA?

How to link prolonged shelf life to reduced losses at retail and consumer stages?



First things first: The literature

To understand the current status of research around LCA, active packaging, and shelf life extension, a **scoping literature review** was performed.

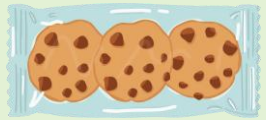
LCA

"life cycle assessment" or LCA or "environmental impact assessment" or "life cycle analysis"



Active packaging

“active packaging" or " functional packaging" or "smart packaging" or "intelligent packaging" or "responsive packaging"



Shelf life

"shelf life" OR "prolonged life" OR "extended life"



Entries from Scopus (n= 26) → **Entries screening (n= 10)**

Exclusion criteria: non-LCA studies and literature reviews only mentioning potential environmental benefits of smart packaging applications

The literature: overview

All studies perform **comparative** LCAs of active or functionalised versus conventional packaging



Most studied polymers: **PLA** (polylactic acid), PP (polypropylene), and PE (polyethylene)



Functional properties from: chitin, nanoclays, ZnO, oregano essential oils, bacterial coating



Food products: Fresh foods (beef, melon, lettuce, strawberries), juice, and pastry cream



Active packaging improves antioxidant and antimicrobial properties, increasing shelf life



The literature: LCA

System boundaries

- cradle-to-grave (8, 2 excluding use),
- cradle-to-gate (2)

Modelling extraction processes from food waste streams

The majority of papers adopt a **burden-free** approach for agrifood residues used for extracting active compounds.

Always a good idea?



Functional Unit

Three main approaches for FU definition:

Type of packaging (4)

"a bag of 200 ml capacity (empty packages)"



Food delivered (6)

"delivering 1 kg fresh beef to the retail gate until its end of shelf life."



Food consumed (2)

"a serving (130 g) of fresh cut lettuce ingested by the final customer"



Shift from **mass-based** to **service-based** FU

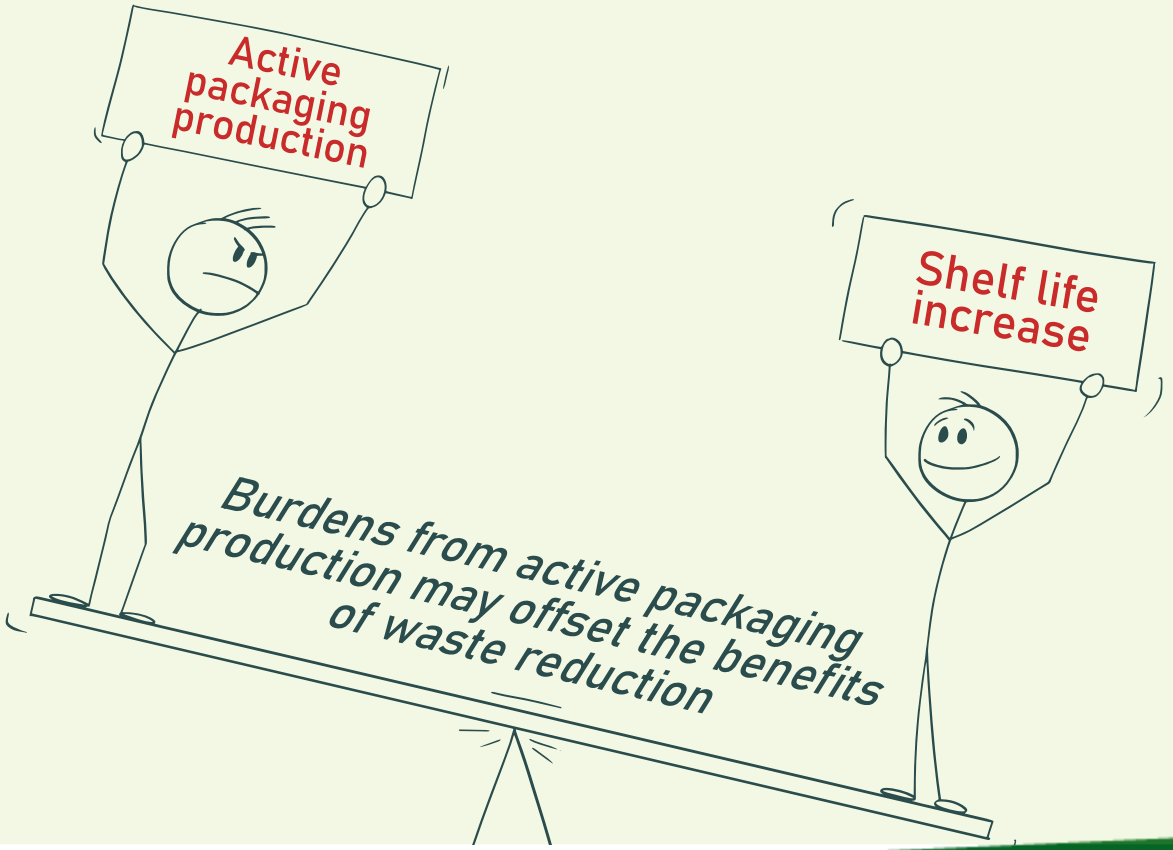
Shelf life

Shelf life extension (in terms of number of days), either derived from laboratory tests (6) or literature data (3).
Scenario analysis is often used.

The literature: LCA

Food waste reduction

Shelf-life extension does not automatically translate into a net environmental benefit or waste reduction.



The literature: LCA

Food waste reduction

Shelf-life extension does not automatically translate into a net environmental benefit or waste reduction.

Scenario analysis based on assumptions (food loss (wi, %) (Zhang et al. 2015, Stramarkou 2022, 2025)

$w1 = 30\%$ $w2 = 10\%$ $w3 = 5\%$

50% probability that a product with 2 days left is purchased. Higher n (shelf life), lower loss (w). (Lorite et al. 2017)

$w = (2/n)*0.5.$

Mathematical relationship between shelf life (n) and probability of not being sold (p) and becoming waste (w) (Settier-Ramirez 2022).

$$p = 1 - \sqrt[n]{1 - (1 - w)}$$

Food loss probability (w) is modeled as linear and kinetic functions of shelf life (n) (Vigil et al. 2020)

$w \propto -n$ $ln\,(w) \propto -n$

What to do in AgribioPack?

*A bit of **LCA design***

System boundaries and allocation rules

Understand the **TRL** of packaging production processes, from extraction of active compounds to production of functional films. Explore different **allocation rules**, depending on the agrifood residues under study.



Functional unit

"*a certain amount of food, ingested by the final user*"

- Account for food losses as influenced by packaging-induced shelf-life extension
- Compare different types of packaging



Food loss reduction

Investigate the relationship between **shelf life** increase and food **loss reduction**, exploring different approaches, and including **consumer-related information**.



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Thanks for your attention!





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